

Programme

Day 01: Thursday, 12th September 2024

- 10.00AM Onwards Arrival at Mount Abu
Registration & Visit of the
Gyan Sarovar Complex
- 05.00PM-05.30PM Welcome Home (Video Show)
- 05.30PM-08.30PM Reception and Inaugural Session
(Value Based Research for
Ecological & Social Harmony)

Day 02: Friday, 13th September 2024

- 06.30AM-08.00AM Meditation Session 01
- 09.30AM-11.00AM Session 01
*Theme: Spiritual Empowerment for
Compassion and Kindness*
- 11.30AM-12.00PM Research Findings of SpARC
- 12.00PM-01.00PM History of the Institution
- 04.30PM-06.00PM Session 02
Theme: Balance - Key to Perfection
- 06.30PM-07.00PM Creating Spaces for Inner Silence
(Experiencing Inner Self)
- 07.00PM-08.30PM Paper Presentation

Day 03: Saturday, 14th September 2024

- 06.30AM-08.00AM Meditation Session 02
- 09.30AM-11.00AM Session 03
*Theme: Will to be Well -
The Healing Power of Mind*
- 11.30AM-01.00PM Session 04
Theme: The Challenges of Change
- 04.30PM-06.00PM Session: 05
*Theme: Scientific Mindset Through
the prism of Viksit Bharat*

- 06.30PM-07.00PM Creating Spaces for Inner Silence
(Experiencing Union with the Supreme)
- 07.00PM-08.30PM Panel Discussion
*Theme: Awareness Based Collective
Actions Key to Global Transformation*
- 09.00PM-10.00PM Cultural Event

Day 04: Sunday, 15th September 2024

- 06.30AM-08.00AM Meditation Session 03
- 09.30AM-12.30PM Valedictory Session
*Theme: Expanding paradigm: Science,
Consciousness and Spirituality*
- 12.30PM Onwards Sight-Seeing of Mount Abu
- 09.00PM-10.00PM Sharing of Experiences

Day 05: Monday, 16th September 2024

- 06.30AM-08.00AM Meditation Session 04

Note:

1. Program Schedule is tentative, subject to change.
2. Mode of communication will be in English and Hindi.

Conference Co-ordination Office:

Spiritual Applications Research Centre (SpARC) Wing,
Brahma Kumaris, Academy for Better World, Post Box. 66,
GyanSarovar, Mount Abu – 307501, Rajasthan, India.

Cell #: +91-9772844861, +91-7976610376, +91-7014315625

Ph: +91-2974-238788, Extn #. 7607, Fax: +91-2974-238951

eMail: sparcwing@bkivv.org, bksparc@gmail.com

Office of the Chairperson:

‘Vardani Bhawan’ Brahma Kumaris, 2/1, Reservoir Street,
Basavangudi, South Cross Road, Bangalore – 560004,
Karnataka. Ph: +91-80-26674562, Fax: +91-80-26674562
eMail: chairperson.sparcwing@bkivv.org



National SIR Conference

& Meditation Retreat

Value Based Research for Ecological & Social Harmony



12-15 September 2024

Venue: Brahma Kumaris, Gyan Sarovar
Mount Abu – 307501, Rajasthan, India

Organisers:

Spiritual Applications Research Centre (SpARC) Wing of
Rajyoga Education & Research Foundation (RE&RF)
& Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya
www.brahmakumaris.com, www.bkwsu.org, www.bksparc.in



Hearty Invitation to Researchers

Conference and Meditation Retreat on "Value Based Research for Ecological & Social Harmony"



ABOUT THE CONFERENCE

Mother Earth is replete with different ecosystems, diverse cultures and multiple races with variegated approaches that contribute to the sustenance and harmonious existence ranging from macro to micro levels. Through changes, each of these components evolved in individual ways and moved in a direction independent of the other components. But now, we are mute spectators of a world where a lot of imbalances have become visible, impact our lives.

We, as a human race, have failed to realise the irrefutable inter-connection of each of these components. We are a part of the whole and therefore, any change in one component has an impact on the whole which, in turn, affects all the individual components. It is rightly said that - "Social harmony is the premise of good ecological harmony, and ecological harmony is the basic condition of social harmony."

Society and ecology – Human and nature are so deeply intertwined that they have become inseparable. Therefore, we can say that the ecological crises certainly lead to social crises and vice-versa.

Hence, there is clarion call to transform the world from one of social crisis to that of social harmony via sustainable approaches. The best way forward is through value-based spirituality. This fact underlines the need of research, development, interventions, etc., that are based on mutual respect, spirit of inclusion, sense of equality and most importantly – looking at everything as a indispensable part of the whole.

It is Spirituality alone that can provide a deeper and broader understanding of the system as an organic whole. In this direction, Spirituality in Researchers (SiR) is a humble continuous effort. It has the potential to become a beautiful platform for engaging in meaningful dialogues, mutually empowering interactions and evolving concrete action plans. It is high time we realized that it is definitely late but not too late.



Prajapita Brahma
Corporeal Medium of
God Shiva



Jagdamba Saraswati
Goddess of Knowledge



Rajyogini
Dadi Ratan Mohini Ji
Administrative Head

18th SIR CONFERENCE - 2024

Since 2007, SpARC has been conducting SIR Conferences annually bringing together Scientists, Researchers from premier establishments, Professors from accredited Universities, Heads of reputed Government and Private organizations, Research Scholars from various disciplines from all over India - to explore & evolve strategies for partnership between Spirituality and Research. The results have been quite encouraging. The conference also aims at providing a platform for the distinguished inter-disciplinary researchers, scientists, professors, corporate management gurus, research scholars and practitioners to present their perspectives about various connotations and applications of research and spirituality in generating happiness and harmony at the individual and societal level. This time emphasis will be to ensure that the end results of research are beneficial to all sections of society including environment.

MEDITATION

Meditation is an inwards journey of self-discovery. It is the valuable use of time for reflection and inner silence, away from the hustle and bustle of daily routine that enables us to come back to a centered place of 'Being.' It not only helps us enhance our focus, concentration and de-clutter our minds but also empowers us to harness, manage and lead our inner resources for accomplishing our life purposes and objectives.

HOSTS

Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya (PBKIVV) is a recognized International socio-spiritual and educational organization working for all sections of society to promote spiritual growth and individual transformation. Headquartered at Mt Abu (Rajasthan), it has more than 4000 study centres in India and over 140 countries in all the continents. It is affiliated to the United Nation's Dept. of Public Information as an NGO having General Consultative Status with the Economic & Social Council (ECOSOC) and UNICEF. Lakhs of its regular students are availing benefits of meditation and discourses daily and leading a transformed life.

The Conference is organized by Spiritual Applications Research Centre (SpARC) Wing of Rajyoga Education & Research Foundation (RE&RF) along with parent organization – PBKIVV. SpARC Wing was established in 1995 as a research wing to carry out holistic research to develop effective tools and techniques to facilitate application of spirituality in everyday life.

VENUE

Academy for a Better World, Gyan Sarovar, Mount Abu is the serene venue of the Conference and Meditation Retreat. The Academy is a blend of state-of-the-art modern facilities and spiritual environment. Spread over 35 acres, it is surrounded by mountains and beautifully landscaped by lakes, lawns, greenery and flowers. The serenity of the place provides an ideal setting for unwinding and exploring the gifts of spiritual awareness and meditation. The campus offers excellent lodging and dining facility as well as communication, transport and healthcare services.

GUIDELINES FOR REGISTRATION

While there is no registration fee, prior registration is mandatory in order to ensure smooth functioning of the Conference. The online registration Form, indicating all details is anticipated at the Coordinating office on or before **31st July 2024**. On receipt of correctly filled-in Online Form, a confirmation letter will be sent, which must be produced at the time of registration. It is a must for participation. **For Online Registration visit: bksparc.in**

Guidelines for Paper Presentation:

The papers related to the theme of the conference, will alone be selected for presentation during the conference. Interested authors are requested to submit the abstract of their paper. The submitted abstracts will be scrutinized by a committee and confirmation will be conveyed to the selected papers. Authors can prepare full paper and submit the same for improvements. Multiple rounds of iterations may be required to bring papers in a better shape.

Note:

1. Due to the shortage of time, only a few selected papers will be allowed for live oral presentation.
2. Other papers will be allowed to be presented in the form of posters near the conference venue.

Important Timelines for paper :

Submission of Abstracts : 01st July, 2024
Submission of Full Paper : 31st July, 2024